Parish of Greencastle, Co. Tyrone (Diocese of Derry)			6.00pm Saturday Vigil		Offertory O		9.00am Sunda		
St. Patrick's, Greencastle Our Lady of the Wayside, Broughderg				Saturday 12th May		unday	Sunday 13th May		
			,	The family of David Morris		of Easter		The family of Kira Donnelly	
Sixth Sunday of Easter [Year B] (13th May, 2012) The Parochial House, 164, Greencastle Road, Sheskinshule, Omagh, BT79 7RU				<u>y 19th May</u>	Feast		Sunday 2		
Website: greencastleparish.com Tel: (028) 8164 8474 Email: greencastlepp@yahoo.com				f Megan Coyle	Ascen		The pupils of Our La		
		th May, 2012 – 20 th May, 2012)	First Eucharist (Fi	rst Holy Communion) i	s scheduled for the 11.0	0am Mass which will	take place in Saint P	atrick's, Church	
Saturday Evening (12th May)		5.30pm Confessions			will be in Our Lady of th				
5(5)		5.35pm Public Recitation of the Rosary	International Eucharis				ucharistic Congress ir	n Dublin? The	
		6:00pm Vigil Mass	Opening Ceremony of t				We down down	Delevations	
Sunday 13 th May	St. Patrick's	9.00am Mass (Missa Pro Populo)	Monday		,	riage/Family	Wednesday		
Sixth Sunday of Easter [Year B]		10.30am Confessions	Thursday			inting/Healing	Saturday	,	
	Our Lady of the Wayside	11.00am Mass	It is intended that transp						
	St. Patrick's	9.30am-4.30pm Solemn Annual Exposition of the Blessed Sacrament	also be facilitated for pe			to travel on any of th	e days, or require fun	ther information,	
		4.30pm Evening Prayer and Benediction		inyburn (Derry City)		Corndonach	(Inishowen) (003	53) 74937 4104	
Monday 14 th May		9.35am Public Recitation of the Rosary		stown (South Derry)	(028) 796 28248		Booking should be m		
Sixth Week of Easter		10.00am Mass	Diapers	Omagh (Tyrone)	(028) 8224 2092		before Tuesday 29th I		
Tuesday 15th May	St. Patrick's	9.35am Public Recitation of the Rosary	Final Mass of the Con						
Sixth Week of Easter		10.00am Mass	Congress Mass (Statio						
Wednesday 16th May	St. Patrick's	9.35am Public Recitation of the Rosary	applied for tickets and v						
Sixth Week of Easter		10.00am Mass	payment for transport /						
Thursday 17 th May	St. Patrick's	9.35am Public Recitation of the Rosary	Solemn Annual Expos					le this weekend	
Sixth Week of Easter		10.00am Mass	Please feel welcome to						
Friday 18th May	St. Patrick's	7.00pm Confessions for families of	wider parish community						
Sixth Week of Easter		First Holy Communion candidates	responsibility to ensure	presence at specific til	mes. Teach us the le	esson of silence, of	prayer, of quiet – Lo	ord hear us	
		7.35pm Public Recitation of the Rosary	Time	Townland		me	Townlan	d	
On the state of the Marco	OL Datable	8.00pm Mass	10.00am	Glenhull / Aughmi)pm	Binnafreag		
Saturday 19th May Sixth Week of 0Easter	St. Patrick's	9.35am Public Recitation of the Rosary 10.00am Mass	10.30am	Monanameal / A		Dpm	Cashel / Brackagh		
Saturday Evening (19th May)	St. Patrick's	5.30pm Confessions	11.00am	Crock / Coney		0pm	Teebane / Carn		
Do This In Memory	SI. Fallick S	6:00pm Vigil Mass	11.30am	Aughascribl		Dpm	Crockanb	,	
Do This in Monory		9.00am Mass (Missa Pro Populo)	12.00pm	Broughderg / Evis		0pm	Maryville / Sheskin		
Sunday 20th May	Our Lady of the Wayside	11.00am Mass: First Holy Communion for	12.30pm	Formil Eas)pm	Sheskinsh		
Feast of the Ascension of the Lord [Year B]	St. Patrick's	Year 4 Pupils in our parish	1.00pm	Formil Wes			Concluding Prayers ar	nd Benediction	
Weekly Offerings: Thank you for your generos	ity to last week's collection whi	h amounted to £800.	0 1 001	lr	nportant Upcoming Da	tes for your Diary		0 "	
Diocesan Purposes Collection: Our parish co			Sunday 20th		munion for Year 4 pupi				
Remembering Our Dead: We pray for Francis					I.00am Mass in St. Patri e Church, Broughderg.	ck s Unurch – the 9.0	Juam Mass will be cel	iebrated at Our	
whose anniversaries occur at this time.			Sunday 1th-17th J		ucharistic Congress Du	hlin			
MASS TIME CHANGE: Please note that due to	First Holy Communion on Sur	day 20 th May Mass at Our Lady of	Saturday 30th J		for the remembrance o		rick's Cemetery after t	the Vinil Mass	
the Wayside Church w	ill be at 9.00am and Mass at S	Patrick's Church will be at 11.00am.	Sunday 1st		for the remembrance of				
International Eucharistic Congress 2012 – C	alling all our young people! [o you want to make a practical contribution to	Sunday 22 nd		eld outdoors at the Mas				
International Eucharistic Congress 2012? Do you want to remember this Historic occasion by being involved in the production of			••••••••••••••••••••••••••••••••••••••		ived during the Eucharia				
a Parish Banner? Become involved? Come along to a preliminary meeting in St. Patrick's Church Monday 14th May at 7.00pm.					ımragh, Drumquin, wh				
Greencastle Community Association – Annual General Meeting: Monday 14th May at 8.30pm in the Community Centre.				over the past	wo years. Please invite				
		naking a difference in YOUR community to attend			Be aware to respect the			h a physical dis	
		praying the Rosary 25 minutes before the	Lough Derg Pilgrimag						
beginning of Mass each day. Please join them or make the Rosary your special family prayer during this month			13 th , 14 th , 19 th , 20 th , 21 st			sday 17th May is a qu			
Annual Pilgrimage to Knock: A bus will leave					ents or to make a reserv				
Killyclogher and Omagh		(028) 8164 7099 / Bridget Carlin (028) 807 71357		/	NI) or email info@lough	<u> </u>	8 8		
Diocesan Voices for International Congress:			Annual Diocesan Loui						
Opening Mass for The International Eucharistic Congress on 10th June in Dublin please contact Sister Perpetua on			raised from this one collection to support people who are sick and in need of medical care. The strength of the collection determine the number of sick and the number of medical helpers that we are able to bring.						
		welcome, it promises to be a wonderful occasion.							
Fr Shields Camogie Club: A sincere thank you					ously supported us in the				
Fundraiser, 6 members successfully climbed Cr			ension of the Lord) the						
Next Sundays Readings: Acts of the Apostles 1:1-11; Psalm 46; Ephesians 4:1-13 or Ephesians 4:17-23;			School will receive the Eucharist for the first time. Their parents, families and friends are invited/encouraged to receive the Sacrament of Reconciliation on the weekend beforehand (Friday 18th May at 7.00pm) to						
	; (Lectionary I, page 552)	(Sunday: Year B) (Weekday: Year 2)	to receive		conciliation on the wee vn faith and give good			υυρπ) το	
Lotto Results: E – Q – S – T – Y (1 persor	with 4 letters winning £100)				vii iailii alid ulve u000	wordess to the dext			

Pope Benedict XVI's Intentions for May (please remember these in your personal prayer) General – The Family: That initiatives which defined and uphold the role of the family may be promoted within society

Missionary – Mary, Guide of Missionaries: That Mary Queen of the World and Star of Evangelisation, may accompany all missionaries in proclaiming her Son, Jesus.

Guidelines on Use of Modern Technology when Working with Children: - Use of photography and video The use of photography and video is an issue of great concern among those working with children. The Diocese recognises that every parish has their own arrangements in relation to its use in schools, youth groups and for the sacraments however the guidelines have been devised below to aid parishes and diocesan groups:

- It is always good practice to seek *written* permission from a parent or guardian before taking any photographs or video footage of children. This written permission must be sought from the parent/guardian or the person who owns the photograph before it can be displayed on promotional materials or websites. This can be incorporated in the registration form when a child joins a group (template permission Resource 10);
- Neither names nor any personal information should be displayed alongside any photographs;
- Special consideration should be given where taking photographs or video footage might be misinterpreted, or the images could be seen as provocative (e.g. beach trip or gymnastics display etc.). It is not to say, however, that with the right planning, these events cannot be recorded and enjoyed.

Photography and video recording are important methods of recording social activity and providing an historic record – illustrating and validating important moments in people's lives. This process is a powerful and personal one, and therefore we must respect the rights of everyone to make the choice whether or not to be photographed. The notice comes from the Safeguarding Policy and Procedures and is published on behalf of the **Diocesan Safeguarding Committee**

Decorating the City to Welcome the 50th International Eucharistic Congress: All around the country, people are getting ready for the Congress and to welcome thousands of pilgrims that will join us from all over the world. The Congress is encouraging the Irish faithful to give pilgrims a warm welcome by decorating their homes, parishes and schools for this important occasion. To assist in this, official IEC2012 flags and bunting can be purchased through Irish Wholesale Flags directly on (00353) 0934 2024 or email irishwholesaleflag@hotmail.com

Carmelite Retreat Centre (Termonbacca, Derry) – Celebration to Mark 25 Years of Marian Devotions: Sunday 20th May, beginning at 11.00am and ending at 5.00pm with Marion Carroll as guest speaker Admission is by ticket only, costing £8 including a Buffet Lunch Booking is necessary and can be made by contacting the Carmelite Fathers Office on (028) 7126 2512.

Help the Red Cross Care for Older People in Your Local Community:

Can you spare a few hours a week? No experience necessary. Full training provided and volunteer expenses reimbursed. Current mileage rate 45p per mile. (028) 8225 1116

Special invitation to Young People to the 50th International Eucharistic Congress: Young people from 17 to 25 years of age from all across Ireland are invited to celebrate their faith at this summer's International Eucharistic Congress 2012 (from 10-16 June) in an event that is being described as one of the most ambitious youth ministry programmes ever presented in this country. 'Go! Be Church!' is the name of the Youth Programme, where around 2.500 young people will gather and experience a lively and international Church while rediscovering the meaning of communion. Come and participate in this event with workshops, dramas, interactive catechesis, concerts, social activities, games, art, fun and much more! Booking is required and youth can register as individuals or groups on www.iec2012.ie/registration. For more information on the youth programme go to www.iec2012.ie/youth. Liturgical Music for the 50th International Eucharistic Congress 2012 announced: The musical repertoire for each of the liturgies of the Congress from 10th June to 17th June has now been released. The goal of the music programme for IEC2012 is to encourage the entire assembly to participate as fully as possible in the liturgies of the week. A core choir will lead the music each day with the participation of many others gathered in the RDS and, on the final day, in Croke Park. We hope to involve choirs and singers from all Ireland . It is important for choirs to register for the Congress as soon as possible if you wish to sing in the Congress liturgies as part of the massed choirs. We suggest that you register as a group, giving your choir name as the group name and send an email to our offices. To book for the Congress go to www.iec2012.ie/registrations or call 01 2981122. To download the music for the Congress go to www.iec2012.ie/music

Our Parish cemeteries are special places providing a focus for our prayerful remembrance of the dead. Please cooperate in their maintenance and care with respect, dignity and honour. Remove flowers and wreaths that have withered. Please do not dump them anywhere in the graveyard. Ask Monumental Sculptors who have completed their work to take rubble away and not dispose of it at the side of the cemetery.

Gaeltacht Summer Course - Irish Language Scholarships: Call Sinead Warnock on 07849 394 001 for info.

Family Care Society – *Adoption***:** Could you make a child happy again after a difficult start in life? Family Care Society is presently seeking adoptive families who would be interested in parenting children aged under 8 and who need the love and attention of a caring and understanding family. Could this be you?

For more information contact Family Care Society on (028) 9069 1133 (Belfast) or (028) 7136 8592 (Derry) email@familycaresociety.org familycaresociety.net

The 50th International Eucharistic Congress 2012: This will take place in Dublin from 10th to 17th June under the theme '*The Eucharist: Communion with Christ and with one another*' and expects 25,000 pilgrims to participate each day, both from Ireland and from overseas.

It is an international gathering of people, which aims to promote an awareness of the central place of the Eucharist in the life and mission of the Catholic Church; help improve our understanding and celebration of the liturgy and draw attention to the social dimension of the Eucharist.



These aims are achieved through a programme of pastoral preparation in the years leading up to the Congress and the actual week of the Congress that consists of a programme of Prayer, Eucharist, workshops, discussion groups, catechesis and testimonies, cultural events, a youth space, tours, exhibitions, a Eucharistic Procession, a massive closing ceremony in Croke Park and more. For more information visit iec2012.ie

IMPORTANT DATES FOR THE DIARY IN 2012					
International Eucharistic Congress	s Dublin	Sunday 10 th – Sunday 17 th June			
Sacramental Celebrations					
Sunday 20th May	St. Patrick's	11.00am First Holy Communion			
Feast of the Ascension	า				
Solemn Annual Exposition of the Blessed Sacrament					
Sunday 13 th May	St. Patrick's				
Sunday 2 nd Septembe	r Our Lady of the Wayside				
Derry Diocesan Society Masses in our Parish					
Tuesday 22 nd May Wedne	esday 11 th July Thursd	ay 30 th August Friday 19 th October			
Weekday Masses will be celebra	Weekday Masses will be celebrated at 10.00am in St. Patrick's Church unless a Requiem is needed				
Public Prayers for our Deceased (Cemetery Sunday) (30 th June and 1 st July)					
Saturday 30 th June	St. Patrick's	Directly after 6.00pm Vigil Mass			
Sunday 1 st July	Our Lady of the Wayside	Directly after 11.00am Mass			
Friday 2 nd November	St. Patrick's	8.00pm Commemoration of All Souls			
		(remembering all who died during the year)			
'Do This In Memory' liturgies for candidates preparing for the					
Sacraments of First Reconciliation and First Holy Communion					
Saturday 5th May Fifth	n Sunday of Easter	6.00pm Vigil Mass			
Sunday 20 th May Feast of the	he Ascension of the Lord	11.00am First Holy Communion			
Saturday 9th June Fea	st of Corpus Christi	6.00pm Vigil Mass			

Vincent's, Castle Street, Omagh: Vincent's is the only SVP shop in this district. It depends on donations from *you*. Our customers really appreciate your gifts, especially good quality clothing. The shops profits are a steady source of income towards the work of SVP (St. Vincent DePaul Society). We realise there is a lot of competition from commercial and charity sources for your donations. We thank you for your ongoing support and appeal to you to continue to support SVP work in the seven SVP conferences in Omagh and district.

Please leave your donations at the shop or place them in the blue bin near St. Patrick's Church, Greencastle. Our SVP van can collect larger amounts of goods or furniture. Our shop number is (028) 8224 9839.

IMPORTANT DATES FOR THE DIARY IN 2012

Prayers for your personal and family use at this time

Prayer for the Diocese of Derry at this time God our Father. We your people of the diocese of Derry, Turn to you in prayer, as our ancestors have done, In good times and bad, since the days of Saint Columba and Saint Eugene, Saint Lurach and Saint Mura. Although aware that we are unworthy of your grace, With confidence in your love we ask your help. Support and care for our bishops in their retirement, Give courage and vision to those who are called on To administer the diocese at this time. Grant your wisdom and discernment to those Charged with the task of choosing your next bishop. We ask you this in the name of Jesus, Your Son, our Lord. Mary Mother of the Church, pray for us, Saint Lurach prav for us. Saint Mura prav for us. All you saints of the diocese pray for us. Fr. Kieran Devlin P.Em (Badonev Lower, 2012)

International Eucharistic Congress Prayer 2012. Lord Jesus, You were sent by the Father to gather together those who are scattered. You came among us, doing good and bringing healing, announcing the Word of salvation and giving the Bread which lasts forever. Be our companion on life's pilgrim way. May your Holy Spirit inflame our hearts, enliven our

hope and open our minds, so that together with our sisters and brothers in faith we may recognise you in the Scriptures and in the breaking of bread.

May your Holy Spirit transform us into one body and lead us to walk humbly on the earth, in justice and

love, as witnesses of your resurrection. In communion with Mary, whom you gave to us as our Mother at the foot of the cross, through you may all praise, honour and blessing be to the Father in the Holy Spirit and in the Church, now and forever, Amen.

The Glorious Mysteries (Sunday and Wednesday)	The Joyful Mysteries (Monday and Saturday)	The Sorrowful Mysteries (Tuesday and Friday)	The Mysteries of Light (Thursday)	
The Resurrection	The Annunciation	The Agony in the Garden	Jesus is baptised in the Jordan	
The Ascension	The Visitation	The Scourging at the Pillar	Jesus at the wedding feast of Cana	
The Descent of the Holy Spirit on the Apostles	The Birth of the Lord	The Crowning with Thorns	Jesus proclaims the Kingdom of God and calls us to conversion	
The Assumption of our Lady into Heaven	The Presentation in the Temple	The Carrying of the Cross	The Transfiguration	
The Crowning of our	The Finding of the	The Crucifixion and	The Last Supper and	
Lady as Queen of Heaven	child Jesus in the Temple	Death of our Lord	Institution of the Eucharist	
During the month of May members of the Legion of Mary will lead us praying the Rosary 25 minutes before the beginning of Mass each day. Please join them or make the Rosary your special family prayer during this month				

ACCORD Marriage Preparation Courses (St. Columba's Pastoral Centre, 48 Brook Street (028 8224 2439)): 1st and 2nd June Couples are encouraged to complete their course six months before their wedding date

Age NI – *Digital Switchover Scheme*: Age NI is one of the partners in the digital switchover scheme for Northern Ireland in the run up to switchover this October. We are now recruiting for volunteers to help with the home visit service, where older and vulnerable people get that little bit of extra help from volunteers. It is a Northern Ireland wide scheme.

Questions people ask:

- Q. At Sunday Mass in my parish we have no organist or choir but another woman and I go to the ambo to encourage people to sing and I sing the Responsorial Psalm. However, I received a very bitter letter telling me I had no right to go to the ambo or to receive Holy Communion from the chalice. Am I doing wrong?
- A. I wish there were more like you! The Psalm is part of the Liturgy of the Word and the ambo is the correct place. As for receiving from the chalice, not only the cantor but all communicants should receive under both species when it is feasible. I suspect that your letter writer is influenced by a certain movement trying to undo the liturgical forms and take us back to the way things were. And women had no place near the altar in those days. *Fr. Silvester O'Flynn OFM Cap (silvesteroflynn@gmail.com)*

Seeing your life through the lens of the gospels – John 15:9-17:

- 1. A commandment of love is something of a contradiction in terms. Love is a free choice. That is what gives the thrill to the experience of being loved. Recall times when you received gestures of love from another:
 - a spontaneous embrace from a husband or wife;
 - a wave from a friend;

words of comfort and affirmation;

not because the other person felt obliged to reach out to you but because they wanted to let you know that you were loved. What effect did that have on you? Did it bring you joy? Perhaps you have had a glimpse of the truth of what Jesus said, that it is in loving that our joy is complete.

- 2. Often love and friendship make demands on us. Parents give freely of their time and energy to the care of their children and sometimes it requires a lot of effort. Also in responding to the needs of friends or spouses we can be challenged to 'lay down' our own 'lives' at least for a time. Can you recall a time when putting yourself out for others bore fruit for them and for you?
- 3. The 'I chose you'. Have you had the experience of being 'chosen' by someone? What was it like for you to be chosen? What is it like for you to consider yourself as one chosen by Jesus? John Byrne OSA (john@orlagh.ie)

The Deep End – All You Need is Love:

'Love? Above all things I believe in love. Love is like oxygen. Love is a many-splendoured thing. Love lifts us up where we belong. All you need is love.'

In an attempt to express the depth of his love, the character Christian from the film Moulin Rouge pulls together the lyrics of some of the most famous love songs of recent decades. Since time began, poetry, prose and song have attempted to put into words the great mystery that is love. 'At the touch of love, everyone becomes a poet,' the philosopher Plato put it.

Today's Gospel reading offers one of the most eloquent passages on love in the Gospels. It reveals the vision of Jesus for his followers and explains how we should treat one another. We are to take a leaf out of Jesus' book; we are to love each other with the same love he showed during his time on earth, that great love which culminated in his 'laying down his life for his friends'.

Reflecting on this love, author Daniel O'Leary suggests that, sometimes, 'we find it so hard to accept the revelation that it is God's delight to be worshipped in the way we touch and look at each other, in the way we listen and talk to each other, in the way we forgive and promise to start all over again'.

It is in the way we love one another, the way we forgive and 'lay down our lives' for one another, that we experience the life and love of Jesus. *Triona Doherty, Athlone, Co. Roscommon (trionad@gmail.com)*

Tuesday's Child - Upcoming Events			
Dublin Flora Women	's Never done a mara	athon before? This is a great one for beginners.	
Mini Marathon (10	k) Toer	rol in the 10k marathon go to dublinwomensminimarathon.com	
Monday 4th Ju	ne	For a full list of up and coming runs and	
		marathons please visit our website at tuesdayschild.ie	
An Evening with Elvis at The Empire	and Tom Gilson aka G	winning Elvis tribute acts, Ciaran Houlihan aka Eireann Elvis Blues Elvis will perform at The Empire Music Hall, Belfast.	
Thursday 28 th June	Tom sings rock and rol Vegas era. Ah huh huh	hits from the young Elvis, while Ciaran sings hits from the Las and tickets just $\pounds 10$	
city dumps in Nairobi and enroll It doesn't take much to make a	ed in primary school wh big difference. Want to c of our projects around t	ttly Tuesday's Child funds rescued 200 street children from ere they get breakfast, lunch and a chance to learn and grow. rganise your own event? Why not do something in your town ne world. Everything you raise, we give. No salaries, no	
Loose Change Campaign 2012: Having a Spring Clean? Please support our loose change appeal for children.			
Every pound or euro you raise	ve give. Details of	n our websites at tuesdayschild.org.uk or tuesdayschild.org.uk	
	notice boards or visit kn	eason: Sunday 29 th April – Sunday 14 th October. ock-shrine.ie II 7: (00353) 94938 8100 / F: (00353) 94938 8295 Book now at knock-shrine.ie/youthfestival	

Omagh Forum for Rural Associations E-Bulletin Week ending Friday 4th May BUY BETTER TOGETHER CHALLENGE ISSUED BY DEPARTMENT OF BUSINESS IMPROVEMENT AND SKILLS

Have you devised new ways of buying collectively to help save money? Or do you have an amazing idea about communities working together that will deliver social benefits, that's just waiting to come out?

The Buy Better Together Challenge is an exciting initiative by Co-operatives UK and Department for Business Innovation and Skills to inspire new models

of community buying, stimulate enterprise and promote shared learning. A £60,000 pot will go towards training, mentoring and seed funding for stand out projects, including £15,000 for the overall winner.

The Challenge is open to groups and organisations within the public, voluntary or business sectors, which focus on creating new or developing existing community buying schemes.

The Challenge is open for applications until 15th May and more information is available at: www.discuss.bis.gov.uk/buying/the-buy-better-together-challenge-feb-2012.

WESTERN HEALTH AND SOCIAL CARE TRUST: HEALTH IMPROVEMENT TRAINING 2012

1. ASIST (Applied Suicide Intervention Skills Training)

ASIST is a two-day, skills-building workshop that prepares caregivers of all kinds to provide suicide first aid interventions. Professionals, volunteers and informal helpers all need to know how to help persons with thoughts of suicide in ways that increase their suicide safety. As an ASIST-trained first aid intervention caregiver, you will be better able to:

• Identify people who have thoughts of suicide;

Understand how your beliefs and attitudes can affect suicide interventions;

Seek a shared understanding of the reasons for thoughts of suicide and the reasons for living;

Review current risk and develop a plan to increase safety from suicidal behaviour for an agreed amount of time;
Follow up on all safety commitments, accessing further help as needed.

Participation in the full two days is required. Enjoy small group discussions and skills practice that are based upon adult learning principles. Experience powerful videos on suicide intervention.

Feel challenged and safe. Learn suicide first aid.

2. Safe TALK

Safe TALK is a free 31/2 hour training workshop, which raises general awareness on how to prevent suicide in our community. The workshop equips participants with the skills to recognise a person with thoughts of suicide, to engage them and then connect them with an organisation or individual who can intervene to help keep them safe

Details of workshops scheduled to take place 6th June 2012, Station Centre, Omagh 10th September 2012, Verbal Arts Centre, Derry 19th September 2012, Fermanagh House, Enniskillen Facilitators: Safe TALK Trainers Duration: 31/2 hour workshop

Safe TALK is ideally placed for delivery in a workplace or community setting.

3. Mental Health First Aid

24th & 31st May 2012, Omagh Enterprise Centre, Omagh 7th & 14th June 2012, Verbal Arts Centre, Derry 28th June & 5th July 2012, Omagh Enterprise Centre, Omagh 6th &13th September 2012, Roe Valley Arts & Cultural Centre, Limavady

Facilitators: Health Improvement Officers and Aware Defeat Depression Duration: Two Day Course

← Mental Health First Aid or MHFA is about providing initial support for someone with a mental health problem. It will not teach you how to be a therapist, but you will feel more confident in supporting clients, employees, colleagues, friends and family. You will receive a certificate on completion of the course and a MHFA handbook.

MHFA is a 12 hour course, usually spread over 2 full days. It provides basic knowledge in explaining the most common mental health problems such as anxiety and depression, as well as crisis first aid for suicide, panic attacks and psychotic episodes.

To find out further information or book your place contact:

Health Improvement Department Western Health and Social Care Trust Maple Villa, Gransha Park Londonderry. BT47 6WJ Tel: 028 7186 5127 F: 028 7186 5128 Email: health.improvement@westerntrust.hscni

Young People Matter' Training for C&V Sector Organisations

9.30 am - 4.30 pm @ Tara Centre, Holmview Terrace, Omagh

Facilitated by Brenda Meldrum

This 3 day course will introduce participants to Bowlby's theory of child development and attachment and loss. Participants will gain skills and knowledge which will allow them to work safely with children and young people to make appropriate relationships with them and to enter their worlds. Participants will explore ways of helping young people use narratives to tell their own stories.

The course comprises of 3 units, each delivered in a day:

- Child Development and the Development of play
- Attachment & Loss
- · Working Creatively with Children and Young people through Play, Art and Story

By the end of the course, participants will have developed strategies to support clients with emotional needs in order to assist their social and emotional development. This is an experiential course where participants engage with exercises, play, games and creative work.

Full attendance on all days is essential or participants will not receive a certificate. Places on all programmes are limited to two per organisation and subject to minimum numbers. Dates subject to change.

Where email address has been supplied this will be used as means of contact

Charity regulation and good governance

Now that the Charity Commission has its powers of investigation and enforcement, what does this mean in practice for charities on the ground?

The Developing Governance Group in association with the Charity Commission and local support networks would like to invite you to a free seminar focusing on the new rules and regulations that have come into being from the Charities Act (NI) 2008. This seminar will also focus on the importance of good governance within charities, and will outline how the Code of Good Governance Health Check can be used to help improve governance in organisations of any size or nature.

← The seminars are taking place all over Northern Ireland so visit www.nicva.org to find your nearest venue. Details of the remaining seminars in May are below:

Cookstown - Monday 28 May, 7.00-9.00pm at Rural Community Network, 38a Oldtown Street, Cookstown. To register for this event contact Teresa at Rural Community Network on 028 8676 6670 or email teresa@ruralcommunitynetwork.org.

'Fresh thinking' from Big Lottery Fund

The Big Lottery Fund is planning more work on (1) social investment, (2) administering non-lottery funds and (3) working more closely with the private sector. Its strategic direction was revealed in the recently published "Fresh Thinking" document.

As an update on its "Big Thinking" strategic plan published in 2009, the Big Lottery Fund has some fresh thoughts to share on the future direction of its funding. Summarised here are the three main areas of fresh thinking, but read the full document for the background and further information. Fresh thinking: the next chapter (April 2012) outlines how they are adapting to these changes and offers a vision of what you can expect from them as a funder up until 2015.

For more information visit www.fundraisingni.org

Back to top

Blue Peters Big Olympic Tour

Would you like to volunteer to work on Blue Peter's Big Olympic Tour? If so, you need to sign up now! The Tour will visit nine locations across the UK, following the route of the Olympic Torch Relay and it's coming to Belfast's Ormeau Park on Saturday 2 June.

Blue Peter, presented by Barney Harwood and Helen Skelton will broadcast a 30 minute Blue Peter Olympic special from 9.00am to 9.30am live from the park. After each TV show Blue Peter presenters Helen Skelton and Barney Harwood, plus their guests, will host a live BBC Learning event, which will encourage families to take part in a host of interactive action-packed activities. CBBC fans will get the chance to try out a range of Olympic sports, investigate the science of sport, go back in time to try out the Olympic Games of a bygone age, have a go at being a sports commentator and lots more.

BBC Learning is looking for enthusiastic volunteers to be part of this exciting opportunity and help with the activities and support the Event Team. This is a chance to gain valuable experience working on a large-scale event and meet a diverse CBBC audience. If you'd like to sign up, please email bpolympictour@bbc.co.uk with your name and contact details.

Re-imaging ageing: video challenge

To celebrate 2012 (The European Year for Active Ageing and Solidarity between Generations) the Centre for Ageing Research and Development in Ireland (CARDI) in association with Office for Older People, Department of Health in the Republic of Ireland with the support of the Office of the First Minister and deputy First Minister is launching an all-Ireland video competition. The challenge is to create a short video clip (60-90 seconds) entitled Re-imaging Ageing: Generations Together. The video should highlight issues about ageing and show how generations working together can create a better old age for all.

The competition is open to third level students and the voluntary and community sector (e.g. older people's groups, youth groups). The winning entrant will receive a cash prize of €500 with a runner-up prize of €250. Videos will be broadcast at a prize giving event and other relevant events throughout the European Year of Active Ageing and posted to relevant ageing websites.

The competition closing date is Wednesday 27 June 2012. Winners will be announced the first week of September 2012. Entries should be submitted via email to ey2012video@cardi.ie

If you wish to have an article printed in our E Bulletin please e mail it to info@omaghforum.org

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