

Parish of Greencastle, Co. Tyrone (Diocese of Derry)
St. Patrick's, Greencastle Our Lady of the Wayside, Broughderg
Palm Sunday of the Lord's Passion [Year A] (13th April, 2014)
 The Parochial House, 164, Greencastle Road, Sheskinshule, Omagh, BT79 7RU
 Website: greencastleparish.com Tel: (028) 8164 8474 Email: greencastlepp@yahoo.com

Liturgy Schedule for Holy Week and the Easter Triduum [Year A] (14th April, 2014 – 20th April, 2014)

Saturday Evening (12th April) Do This In Memory (week 7) Sunday 13th April Palm Sunday of the Lord's Passion [Year A]	St. Patrick's, Greencastle St. Patrick's, Greencastle Our Lady of the Wayside	5.30pm Confessions 6:00pm Vigil Mass 9.00am Mass (Missa Pro Populo) 10.30am Confessions 11.00am Mass
<i>Penitential Services followed by the opportunity to receive the Sacrament of Reconciliation individually</i>	St. Patrick's, Greencastle St. Patrick's, Gortin Sacred Heart, Plumbridge	3.30pm 6.00pm 7.30pm
Monday 14th April In Holy Week	St. Patrick's, Greencastle Sacred Heart Church, Omagh	7.00am Mass followed by confessions* 7.30pm Mass followed by confessions*
Tuesday 15th April In Holy Week	St. Patrick's, Greencastle <i>To help us prepare, the following practices have been arranged at St. Patrick's, Greencastle</i>	10.00am Mass followed by confessions* 6.30pm – 7.30pm Altar-servers 7.30pm Readers for Holy Thursday 8.00pm Readers for Good Friday 8.30pm Readers for Holy Saturday
Wednesday 16th April In Holy Week <i>Please support 7.30pm – 8.45pm Choir practice in Greencastle</i>	St. Patrick's, Greencastle Christ the King, Strathroy	10.00am Mass followed by confessions* 7.30pm Mass followed by confessions*

*Several priests are available for individual confession

Easter Triduum

Thursday 17th April Holy Thursday	St. Eugene's Cathedral, Derry St. Patrick's, Greencastle	9.30am Mass of Chrism 7.30pm Evening Mass of the Lord's Supper 11.45pm Night Prayer
<i>Please feel welcome to spend some time in personal prayer before the 'Altar of Repose' until the Night Prayer</i>		
Friday 18th April Good Friday <i>Day of Fast and Abstinence**</i> <i>From the Beaghmore Stone Circles to Our Lady of the Wayside, participants are asked to observe the Highway Code</i>	St. Patrick's, Greencastle Our Lady of the Wayside	10.00am Morning Prayer 3.00pm Celebration of the Lord's Passion 6.00pm Public Way of the Cross
Saturday 19th April	St. Patrick's, Greencastle	10.00am Morning Prayer
Saturday Evening (19th April) Sunday 20th April Resurrection of the Lord [Year A]	St. Patrick's, Greencastle St. Patrick's, Greencastle Our Lady of the Wayside	9.00pm The Easter Vigil 9:00am Mass: 'Missa Pro Populo' 11:00am Mass

Weekly Offerings: Thank you for your generosity to last week's collection which amounted to **£940**.

Remembering Our Dead: We pray for **Fr. John McCullagh, Barney McCullagh, James McCullagh, James Clarke Snr.** and **James Clarke Jrn.**, whose anniversaries occur at this time.

Mass of Chrism – Holy Thursday (Thursday 17th April): The Mass of Chrism, a special moment in the life of the Diocese, will take place on Holy Thursday, 17 April 2014 at 10am in Saint Eugene's Cathedral, Derry. This celebration has particular significance this year as our new bishop, Bishop Donal McKeown, will be the Principal Celebrant. All people of the diocese are invited to come and join in this celebration of the Eucharist, showing our communion with God and one another. During the Mass, the bishop will bless the oil of catechumens, the oil of the sick, and the oil of Chrism, all of which are used for the celebration of the sacraments during the year. The priests will also renew the promises they made on their own ordination day, and your presence with them will be a sign of support and encouragement as they renew their commitment of service. A good way to enter the great days of the Easter Triduum!

Trócaire Lenten Campaign: Please support our Lenten Campaign as generously as you can this year. Trocaire have told us that the government will match pound for pound all monies received by Trócaire, but to qualify for this we must have our return made to the diocesan office before the end of Easter Week – please reduce the contents of your Lenten Trocaire Box to the smallest possible denomination and return on Holy Thursday or as soon as possible after that.

Next Sunday's Readings: Acts of the Apostles 10: 34, 37-43; Psalm 117: 1-2, 16-17, 22-23, r/v24; Colossians 3:1-4; John 20:1-9; Lectionary 1 (page 417)
Sunday [Year A] • Weekday [Year 2]

Lotto Results: E • N • Q • T • V (4 drawn with 3 letters, winning £15 each) **Next Jackpot:** £2,100

6.00pm Saturday Vigil Saturday 12 th April* The family of Molly McCullagh	Offertory Gifts Rota Palm Sunday of the Lord's Passion	9.00am Sunday Morning Sunday 13 th April The family of Leah McGuigan
Thursday 17 th April (7.30pm) The family of Brian McDermott	Holy Thursday Mass of the Lord's Supper	---
Saturday 19 th April The family of Ryan McGlinchey	Easter Sunday Feast of the Lord's Resurrection	Sunday 20 th April The family of Tiernan Teague
Saturday 26 th April The family of Caelum Tracey	Second Sunday of Easter Divine Mercy Sunday	Sunday 27 th April The family of Michelle O'Brien

As a wider parish community we thank these young people and their families for this valued task of leadership.
What can you volunteer to do in your parish? Thanks to all who participates in the life and work of our parish faith-community.
**Do This In Memory Week 7 We need new volunteers in every aspect of life*

Celebration Mass to Mark the Canonisation of Pope John Paul II and Pope John XXIII: St. Eugene's Cathedral, Derry on Sunday 27th April at 3.00pm. For all those who can't make it to Rome this Mass will be a wonderful opportunity to commemorate the life of these two great Saints. Bishop Donal McKeown will be the main celebrant. Young people who have completed or are currently taking part in the Pope John Paul II Award, are especially welcome. Refreshments will be served after Mass.
For more information contact the Diocesan Catechetical Centre on (028) 7126 4087

Greencastle Young Pioneers – Trip to Dundonald Ice Bowl: Sunday 4th May for ages 12 to 16. Bus leaving Greencastle Community Centre at 12 noon. Bus and admission is £7.50.
To book please contact Ray on (028) 8164 8119 or Maria on (028) 8164 8357 or any committee member

Columba House – Lenten Prayer Experience: Tuesday 15th April from 11.00am to 12.00pm, 1.00pm to 2.00pm, 3.00pm to 4.00pm and 7.00pm to 8.00pm. 1 hour simple and creative reflection sessions using all of the senses to help us deepen our relationship with Jesus as we approach Good Friday. Free of charge but space is limited.
For more info or to book your place please call Columba House on (028) 7126 2407 or visit 11 Queen St, Derry

Our Lady of Lourdes Primary School – Annual Coffee Morning and Cake Sale: Tuesday 15th April. It will get under way at 10.30am and once again we look forward to seeing as many of you there as possible on the day.
This year the money raised will be shared between Trócaire and The Chest Heart and Stroke Association
Half-Day: Closing at 12.00pm on Holy Thursday (Thursday 17th April) for our Easter Holidays and re-opening on Monday 28th April. There will be no WELB transport available on that date and no school dinners will be served.
Please note that the school will also be closed on Monday 5th May for a public holiday

Society of St. Vincent De Paul: Appreciation is extended for our continued support for their work in the Omagh district and for being so generous to the clothing bin. Their customers really appreciate your gifts especially the good quality clothing you donate. It is realised that there is a lot of competition from commercial and charity sources for your donations and for this reason especially they thank you for your on-going support in the seven SVP conferences in this area.
Tel: (028) 8224 9839

Ash Wednesday and Good Friday – Obligatory Days of Fasting and Abstinence for Catholics: In addition, Fridays during Lent are obligatory days of abstinence. For members of the Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 onwards.

Annual Pioneer and Friends Buffet and Dance: Friday 2nd May in Shepherd's Rest. *Ticket only is £12.50*

Annual Le Chéile-Together Lecture – Faith and Education in a Pluralist World: Tuesday 6th May at 7.00pm in St. Mary's University College, Belfast. Delivered by Dr. Francis Campbell, the new Vice Chancellor of St. Mary's University, Twickenham.
Chair: The Most Rev. Richard Clarke, Church of Ireland Archbishop of Armagh and Primate of All Ireland

Drumalis in Association with Manresa Jesuit Centre of Spirituality, Dublin – Spiritual Direction Training: Two-year diploma in Spiritual Direction beginning in September, 2014.
More details at manresa.ie and drumalis.co.uk

Fr. Shields Camogie Club – Easter Family Fun Day: Saturday 19th April, 2.00pm to 4.00pm in Greencastle GAA Club. The fun packed evening will include an Easter hunt, Easter bonnet competition, face painting, egg and spoon race, bouncy castle and loads of other activities.
£5 pounds per child and £15 for a family of 3 or more children

Child Safeguarding: If you or anyone you know has a concern or wishes to report an allegation directly to the statutory authorities, please contact the PSNI/or local Health and Social Care Trust. If you are contacting the latter, ask to speak to the Duty Social Worker. Alternatively if you have a child safeguarding concern in relation to any member of Church personnel and wish to report it to Church authorities, please contact one of the diocesan designated persons, who will in turn report your concern to the relevant statutory authorities.
See poster at church entrances

Having a clear faith, based on the creed of the church is often labelled today as fundamentalism. Whereas relativism, which is letting oneself be tossed and swept along by every wind of teaching, look like the only attitude acceptable to today's standards.
Pope Benedict XVI

Pope Francis' Intentions for April (please remember these in your personal prayer)
Universal: That governments may foster the protection of creation and the just distribution of natural resources.
For Evangelisation: That the Risen Lord may fill with hope the hearts of those who are being tested by pain and sickness.

Parish Liturgy for April, 2014	St. Patrick's (6.00pm Vigil Mass)	St. Patrick's (9.00am Mass)	Our Lady of the Wayside (11.00am Mass)
Readers	Martin McCullagh	Mary Clarke	Geraldine McNamee
Eucharistic Ministry	Frankie Bradley	Maria Bradley	Josephine Clarke
Prayers of Intercession	Eimear Bradley	Rosemary Clarke	Francis Michael McKenna
Collectors	Colum Devlin John Bradley	Dominic Warnock Leo Donnelly	Brian Gillen Brendan Daly
Altar Society	Anne Tuohy, Alice Keenan and Anne Donnelly		Anne McDermott Carmel McCrory

New choir members will always be welcomed – contact Sinead

Drumalis Retreat & Conference Centre Chapel, Larne
Making our Faith Flesh and Blood: Being Christ's Body Today:
 With Timothy Radcliffe OP on Saturday 17th May. The day begins with registration at 9.30am and ends at 4.30pm. The cost of the day is £35 per person and includes refreshments and lunch.
 For further information or to book a place, please contact Drumalis during office hours (Mon-Fri, 9 am–5 pm)
Tel: (028) 2827 2196 / (028) 2827 6455 **Web:** drumalis.co.uk **Email:** drumalis@btconnect.com

Fr. Shields Camogie Club – Easter Fund Day: Saturday 19th April, 2.00pm to 4.00pm in Greencastle GAA club. The fun packed evening will include an Easter hunt, Easter bonnet competition, egg and spoon race and loads of other activities.
£5 per child and £15 for a family of 3 or more children

The Triumph Documentary: A powerful new documentary investigating one of the greatest mysteries of the Modern World unfolding right now, before our very eyes, in Bosnia-Herzegovina, and a message of hope to the world. Showing at Drummond Hotel, Ballykelly on Sunday 13th April at 7.30pm.
All proceeds go to Human Life International Ireland

Ringsend Cycle Challenge 2014 in Aid of Foyle Hospice: Saturday 3rd May, Ringsend – Greencastle - Magilligan via Foyle Hospice. Food and Entertainment in Ringsend on return. Please contact Paddy on 07712 324 519 or Sean on 07817 675 316. Further information available from Foyle Hospice – (028) 7135 9888. The group are holding this fundraising cycle after a members sisters passed away in Foyle Hospice. They aim for a large turnout of cyclists from throughout the North West region that Foyle Hospice provides care and support to.

Children in Crossfire – Camino De Santiago Pilgrimage 2014: Monday 26th June to Saturday 3rd July. We will embark on a 100km journey to Santiago de Compostela.
For more information email shauna.oneill@childrenincrossfire.org or call the office on (028) 7126 9898

Cappagh / Badoney CCE Seisiun: A thank you is given to everyone who supported our recent Seisiun in Eddies, Greencastle in aid of Renal Services, Omagh. The **£1,122** raised will be presented to Renal Services at our next Seisiun on Friday 25th April in Parochial Hall, Plumbridge.

Consult not your fears but your hopes and your dreams. Think not about your frustrations, but about your unfulfilled potential. Concern yourself not with what you tried and failed in, but with what it is still possible for you to do.
Blessed John XXIII

National Vigil for Life: Saturday 3rd May in Merrion Square, Dublin 2. *See poster on noticeboard*

Derry Youth Community: Are you a young person of faith aged between 18 and 25 who is interested in a 10 month 'time-out' period where you will come together with 5 other young people and live in community? You will live in a structured, secure environment, from where you will be expected to reach out to other young people in schools and parishes to facilitate faith-based activities. Closing date for applications is Friday 16th May.

Diocesan Lourdes Pilgrimage (1st to 6th July): £599. The new Bishop of Derry, Bishop Donal McKeown, is delighted to be able to lead the Pilgrimage this year.
As many pilgrims as possible is appreciated

Pilgrimage to Medjugorje (7th to 14th September): Half board and all taxes and insurance £499. Spiritual Director is Fr. Mark Monaghan.
For more details call Maria on (028) 8164 8357

Following our recent parish finance committee meeting we publish today our annual summary financial statement

Greencastle Parish Summary of Financial Statement for Year Ended 31st December, 2013

	INCOME	2013	2012	SPECIFIC EXPENSES	2013	2012
Routine income (envelopes etc.)		50,461	52,207	Light and Heat	6,066	7,342
Investment Income		105	3,101	Maintenance	10,632	12,174
Exceptional Items (Ins. Claim, Special Donations)		906	7,649	Normal Requisites	2,420	4,012
		51,472	62,957	Insurances	3,689	3,689
				Rates	1,077	827
	EXPENDITURE					
Property Expenses (Rates, Insurance, Maintenance etc.)		23,884	28,044		23,884	28,044
Administration Expenses (Salaries etc.)		25,434	23,196	Telephone etc.	1,791	1,299
		49,318	51,240	Accountancy	1,920	1,008
NET PARISH INCOME		2,154	11,717	Bank Charges	322	423
				Bank Interest	664	---
					4,679	2,730
				Pass Through	5	(30)
					4,702	2,760
				Diocesan Assessment	6,787	7,196
					11,489	9,897

Prepared by Patrick Friel (Accountant) - High Street, Omagh, Co. Tyrone

Council for Marriage and the Family of the Irish Catholic Bishops' Conference
Marriage and Family at the Heart of the Parish:

Saturday 14th June at the Holy Cross Diocesan Centre, Clonliffe College, Dublin. The conference will explore how parishes can support families in their calling to live, pass on and share their faith, given the pastoral challenges that affect families today. The day will involve an opening address by Archbishop Diarmuid Martin, input from Dr. Tony Fahey of UCD and from Ms. Colette Furlong (Sligo Parishes Cluster Catechist) and drama presentations followed by reflection and discussion.

The three conference aims are:

- To explore the 'pastoral challenges to the family in the context of evangelisation' (Pope Francis)
- To explore how the parish community supports families in their Christian calling to share their faith
- To inform the work of the Council for Marriage and the Family

Participants:

This conference is offered to leaders in parishes and dioceses, and others exercising faith and pastoral leadership, including parents, grandparents, teachers, members of Parish Pastoral Councils as well as other groups and organisations serving the Church's mission.

Further information is available from Ms. Trish Conway at Columba Centre, Maynooth, Co Kildare, Tel: 087 6220 349 and bookings can be made to cmfconference@iecon.ie.

Prayer for the Diocese of Derry at this time

Fr. Kieran Devlin P. Em (Badoney Lower, 2012)

God our Father, we your people of the diocese of Derry, turn to you in prayer, as our ancestors have done, In good times and bad, since the days of Saint Columba and Saint Eugene, Saint Lurach and Saint Mura.

Although aware that we are unworthy of your grace, with confidence in your love we ask your help.

Support and care for our bishops in their retirement, give courage and vision to those who are called on to administer the diocese at this time.

Grant your wisdom and discernment to those charged with the task of choosing your next bishop.

We ask you this in the name of Jesus, your Son, our Lord.

Mary Mother of the Church, pray for us, Saint Columba, pray for us, Saint Eugene, pray for us, Saint Lurach pray for us, Saint Mura pray for us, all you saints of the diocese pray for us.

National Pilgrim Paths Day: Saturday 19th April at 10.30am. Walk in the footsteps of the medieval pilgrim along the ancient Lough Derg Pilgrim Path. Distance: 12 km (approx.. 3 hours) Cost: €5 includes refreshments. Tel: 071 9861518 (from NI 028 686 32391) Email: info@loughderg.org Lough Derg, Pettigo, Co Donegal.

Greencastle Parish Pilgrimage Sunday to the Mass Rock in the Townland of Dorville (3rd August): For 3.00pm. There are three penal Mass sites in the parish and in previous years we have made pilgrimage to Formil (2012) and Crouck (2013). Dorville will be a physically challenging experience as well as an opportunity to express our faith. *Please mark this date into your diary and volunteer your services to help prepare for it*
Lough Derg Pilgrimage Season (1st June to 13th August): Check out the Lough Derg website for details.

Rural Support: Provides a listening and signposting service for farming and rural families through its helpline. Rural support can provide practical and emotional support with regards to a variety of issues including farm paperwork, financial concerns, physical and mental health and general stress. The helpline is confidential and operated from 8.00am to 11.00pm seven days a week (voicemail and support options available at all other times). The helpline number is 0845 606 7607. Rural support is currently recruiting volunteers for various roles within the organisation. If you would be interested in volunteering with Rural Support you can visit ruralsupport.org.uk

Seeing your life through the lens of the gospels – Matthew 26:14-27:66: *John Byrne OSA (john@orlagh.ie)*

The account of the Passion is a vivid story with a variety of characters and much action. To enter into the passage we can read the story slowly and see if we can identify with different characters in the story. Also any one scene within the story can provide us with much food for reflection and prayer. Keep in mind that one of the aims in reflecting on the passage is to discover the GOOD NEWS the story has for us. Here are just a few general pointers for prayer.

1. The identity of Jesus is revealed as the Messiah and the Son of God, not with a display of human power, but as one who was prepared to suffer unto death to show us how our God loves us. How does the Passion story speak to you as a revelation of how God loves you?
2. Jesus gives us an example of patient endurance and faithfulness in suffering. Suffering is something we all encounter. It is not something that anyone likes but sometimes we cope with it better than others. What have you found helps you to cope better with suffering?
3. As you read through the narrative of the Passion where do you find yourself resonating with a character in the action? Is there any message there for you that is life-giving?

Musings *Salvador Ryan (St. Patrick's College, Maynooth)*

There is an Irish proverb that runs ‘An té a bhíonn thuas, óltar deoch air; an té a bhíonn thíos, buailtear cos air’ (‘People drink the health of a person when they are on top, but when they are down they are trodden on’). This saying captures something of the crowd energy that led to Christ being fêted on his triumphal entry to Jerusalem and, but a few days later, shunned, even by some of his closest followers. Have we shunned anyone recently?

From him he has not hidden his face, but he heard the poor man when he cried. *Psalm 22:24*

The Deep End – Not I, Lord, Surely? *Triona Doherty, Athlone, Co. Roscommon (trionad@gmail.com)*

‘We adore you O Christ and we praise you, because by your holy cross you have redeemed the world.’ You may have heard these words during Lent if you prayed the Stations of the Cross. The Stations, also known as the Via Dolorosa or the Way of the Cross, are a traditional way of reflecting on the journey of Jesus to his crucifixion. As far back as the fourth century, pilgrims flocked to the Holy Land to walk the route he had carried the cross. The Stations offer a way to immerse ourselves in this familiar story.

Palm Sunday and Good Friday afford us another opportunity to reflect on the Passion and death of Jesus. They are the only two occasions when the congregation is invited to take part in the reading of the Gospel. What strikes you today as you play your part? Do you feel uncomfortable when you answer ‘Not I, Lord, surely?’ to Jesus’ assertion that someone will betray him? What about when you join in with the crowd calling for Jesus to be crucified, or mocking him on the cross?

We begin Holy Week today with an account of the triumphant entrance of Jesus into Jerusalem, but it is a short-lived triumph. In a few short days we will celebrate the Lord’s passion and death. There is a lot to reflect on in these days of Holy Week. By Easter Sunday, will we be able to recognise, like the crowd at the end of today’s Passion, ‘In truth this was a son of God’?

Diocesan Website (derrydiocese.org): Regularly updated with news and resources for use in parishes. During Lent a special feature will be resources to assist individuals or parish groups who wish to undertake Lectio Divina using the Sunday gospels. Hope you find it helpful

Safeguarding Information for parents of Altar Servers: A Parents' Safeguarding Information Pack, which has been developed by the Derry Diocesan Safeguarding Office, is available for parents of altar servers. In each pack there is an Information Leaflet and Information Booklet for parents and two Leaflets for the children. If you are a parent of an altar server/s, and require a copy, please leave your request for an Information Pack in the sacristy; alternatively, or you can obtain it from the Safeguarding office, Pastoral Centre, Bishop Street, Derry (office hours Monday -Wednesday, 1.30 to 5.00pm, Tel 71362475). This material may also be viewed in the Safeguarding section of the Diocesan website.

Guidelines on Use of Modern Technology when Working with Children: - Use of photography and video

The use of photography and video is an issue of great concern among those working with children. The Diocese recognises that every parish has their own arrangements in relation to its use in schools, youth groups and for the sacraments however the guidelines have been devised below to aid parishes and diocesan groups:

- It is always good practice to seek *written* permission from a parent or guardian before taking any photographs or video footage of children. This written permission must be sought from the parent/guardian or the person who owns the photograph before it can be displayed on promotional materials or websites. This can be incorporated in the registration form when a child joins a group (template permission Resource 10);
- Neither names nor any personal information should be displayed alongside any photographs;
- Special consideration should be given where taking photographs or video footage might be misinterpreted, or the images could be seen as provocative (e.g. beach trip or gymnastics display etc.). It is not to say, however, that with the right planning, these events cannot be recorded and enjoyed.
- Photography and video recording are important methods of recording social activity and providing an historic record – illustrating and validating important moments in people’s lives. This process is a powerful and personal one, and therefore we must respect the rights of all to make the choice whether or not to be photographed.

From the Safeguarding Policy and Procedures, published on behalf of the Diocesan Safeguarding Committee

Appeal on behalf of Family Care Society: Family Care Society is a voluntary adoption agency with its roots in the Catholic Church and we provide an adoption service throughout all of Northern Ireland. A core part of our work is to place children with new adoptive families. These children are often from the care system and may have had a difficult start in life. We are experienced in finding families for these children but given the number of children being referred and their specific needs we are always looking for families to come forward. We would like to thank you for the support you have provided to date. It has proved to be a very successful way of finding adoptive families. Given however our urgent need presently to find families for more young children, we are again respectfully asking for your help.

Adoption: Family Care Society is presently seeking adoptive families who would be interested in parenting children aged between 2 to 6 years and need the love and attention of a caring and understanding family. Could this be you?
 Tel: (028) 9069 1133 [Belfast] // (028) 7136 8592 [Derry] • Email: email@familycaresociety.org • Web: familycaresociety.co.uk

Engaged Encounter – Rules for Arguing: Couples who discover they have a disagreement are invited by Engaged Encounter to share their opinions in the following manner. The sentences following the rules are Jay Keenan’s comments from his perspective as an Engaged Encounter leader with his wife Suzanne.

NO NAME CALLING	This includes using affectionate names sarcastically
NO THIRD PARTIES	The argument is between the two of you
NO PAST HISTORY	If it’s already been settled, don’t bring it up again
STICK TO THE SUBJECT	Identify the real problem — don’t go to other issues
NO CHEAP SHOTS	Don’t use the other’s weakness to gain advantage; you may win the argument, but injure your relationship
DON’T GO TO BED ANGRY	Finish the argument or call a truce and agree on a time to continue
MAINTAIN A SENSE OF HUMOUR	Don’t take yourselves too seriously; laughter can be the best medicine
HOLD HANDS WHILE ARGUING	This helps to keep your focus where it belongs — on the person who means more to you than anyone in the world

Online Lenten calendar: Launched by Archbishop Eamon Martin and can be accessed on the homepage of catholicbishops.ie. New information will be revealed each day of Lent by clicking on a virtual numerical door, and this will include:

Daily Mass readings and reflections • Lenten tweets from Pope Francis and other Church sources
 Prayers and Pastoral Letters for Lent • Suggestions on observing Friday Penance during Lent
 Events taking place across Ireland during Lent • Details of Trócaire's Lenten Campaign for 2014
 Pope Francis' message for Lent and from Evangelii Gaudium • Explanations of Lent and Lenten practices
 "Lent is the most solemn season for the Catholic Church and it culminates in the high-point of our liturgical calendar: Easter Sunday. With the help of the word of God and the sacraments, Lent is a time to renew our journey of faith, both as individuals and as a community. With this in mind our new Lenten calendar is a resource to assist the faithful in our preparation for Easter."

"For many years we have provided online resources to assist with our Lenten preparations, but this year we offer the faithful a new online calendar for this purpose. The calendar is designed for people of all ages as a user-friendly resource to help explain the significant season of Lent. The online calendar seeks to guide us as we prepare spiritually for the joy and hope which comes with the Easter season. During the season of Lent, I invite everyone to visit and avail of the information provided by our calendar."

IMPORTANT DATES FOR THE DIARY IN 2014

Sacramental Celebrations	Sunday 1st June Feast of the Ascension	St. Patrick's	11.00am First Holy Communion
Solemn Annual Exposition of the Blessed Sacrament	Sunday 11th May	St. Patrick's	
	Sunday 24th August	Our Lady of the Wayside	
Derry Diocesan Society Masses in our Parish	Thursday 29th May • Saturday 19th July		St. Patrick's
	Monday 8th September • Wednesday 29th October		
Public Prayers for our Deceased (Cemetery Sunday) (5 th and 6 th July)	Saturday 5th July	St. Patrick's	Directly after 6.00pm Vigil Mass
	Sunday 6th July	Our Lady of Wayside St. Mary's, Broughderg	Directly after 11.00am Mass
	Saturday 1st November	St. Patrick's	6.00pm Vigil Mass: Commemoration of All Souls (remembering all who died in 2013)
'Do This In Memory' liturgies for candidates preparing for the Sacraments of First Reconciliation and First Holy Communion			
	Saturday 12th April	Palm Sunday	6.00pm Vigil Mass
	Saturday 3rd May	Third Sunday of Easter	6.00pm Vigil Mass
	Sunday 1st June	Feast of the Ascension of the Lord	11.00am First Holy Communion
	Saturday 22nd June	Feast of Corpus Christi	6.00pm Vigil Mass