



**Parish of Greencastle, Co. Tyrone (Diocese of Derry)**  
**St. Patrick's, Greencastle      Our Lady of the Wayside, Broughderg**  
**Twentieth Sunday in Ordinary Time [Year B] (19<sup>th</sup> August, 2018)**  
 Parochial House, 164, Greencastle Road, Sheskinshule, Omagh, BT79 7RU  
**Website:** greencastleparish.com • **Email:** greencastlepp@yahoo.com • **Tel:** (028) 8164 8474



**Thought for the Week:** "Be who God meant you to be and you will set the world on fire!" *St. Catherine of Siena*

**Liturgy Schedule for the Twentieth Week in Ordinary Time [Year B] (19<sup>th</sup> August – 26<sup>th</sup> August)**

<b>Saturday 18<sup>th</sup> August</b>	St. Patrick's	<b>6.00pm</b> Mass
<b>Sunday 19<sup>th</sup> August</b>	St. Patrick's	<b>9.00am</b> Mass (Missa Pro Populo)
Twentieth Sunday in Ordinary Time	Our Lady of Wayside	<b>11.00am</b> Mass: Fr. Seamus Shields (30 <sup>th</sup> Anniversary)
<b>Monday 20<sup>th</sup> August</b>	St. Patrick's	<b>10.00am</b> Mass
<b>Tuesday 21<sup>st</sup> August</b> St. Pius X (pope)	St. Patrick's	<b>9.00am</b> Mass
<b>Wednesday 22<sup>nd</sup> August</b> Queenship of the Blessed Virgin Mary	St. Patrick's	<b>NO MASS</b> <b>12noon - 7.00pm</b> Adoration with Rosary
<b>Thursday 23<sup>rd</sup> August</b> St. Eugene (diocesan patron)	St. Patrick's	<b>10.00am</b> Mass
<b>Friday 24<sup>th</sup> August</b> St. Bartholomew (apostle)	St. Patrick's	<b>10.00am</b> Mass
<b>Saturday 25<sup>th</sup> August</b>	St. Patrick's	<b>6.00pm</b> Mass: Paul McCullagh (8 <sup>th</sup> Anniversary) and Elizabeth McCullagh (38 <sup>th</sup> Anniversary)
<b>Sunday 26<sup>th</sup> August</b> Twenty-First Sunday in Ordinary Time	St. Patrick's Our Lady of Wayside	<b>9.00am</b> Mass (Missa Pro Populo) <b>11.00am</b> Mass

**Remembering Our Dead:** We pray for the happy repose of the soul of **Ita McDermott (Sheskinshule)** who was buried this week and for the repose of the souls of **Annie McCullagh (28<sup>th</sup>)** whose anniversary occurs at this time and **Bernie Caruso (Philadelphia)** who was recently enrolled in the Derry Diocesan Society.

**World Meeting of Families – Parish Bus to Phoenix Park Mass with Pope Francis:**

It is expected that the bus will leave from outside St. Patrick's Church, Greencastle at 7.30am on Sunday 26<sup>th</sup> August. All who have expressed an interest will be contacted by either phone, email or messenger with final arrangements in the coming week.

Tickets for the mass will be distributed on the bus on the day and the £10.00 bus fare will also be collected then.

*Any further enquiries should be directed to Fr Gallagher*

**Celebration of Family Life in Prayer and Music:** To mark the beginning of the World Meeting of Families, you are invited to join with people from the 17 parishes in the County Tyrone Deanery of our diocese on Tuesday 21<sup>st</sup> August at 7.30pm in St Mary's Church, Killyclogher.

*This will be followed by refreshments and entertainment in Killyclogher Parish Hall*

**Annual Blessing of Graves in Killyclogher:** Saturday 1<sup>st</sup> September during Vigil Mass at earlier time of 6.00pm Mass will be celebrated outside, weather permitting • There will be NO 7.30pm Vigil Mass later that evening The Vigil Mass in Christ the King, Strathroy will remain at the usual time of 6.30pm

**Annual Fundraising Dance for Monsignor Danny and Fr. Mark Monaghan – Cancellation:**

Please note that the dance on Friday 24<sup>th</sup> August in Greencastle Community Centre has been cancelled

**Medjugorje Irish Centre Pilgrimages:** 7 nights B&B and Airport Shuttle Service from €279 per person

Book any flight, any time and we provide guaranteed airport shuttle service

*To book dates call 00353 1443 4510 or (020) 3239 8662 or email reservations@med-irishcentre.com*

**Next Week's Readings:** Proverbs 9:1-6 • Psalm 33:2-3, 10-15, R/ v 9 • Ephesians 5:15-20

John 6:51-58 • Lectionary 1:788

**Sunday [Year B] • Weekday [Year 2]**

**St. Vincent de Paul Helpline:** For those in need of assistance please call 07738 837 992

**Catholic Grandparents Association – Annual National Pilgrimage:** Sunday 9<sup>th</sup> September at 2.30pm in Knock Shrine. Everybody is welcome to come along to honour and thank grandparents, alive and dead, for all they have done for us down through generations. Chief Celebrant Archbishop Jude Thaddeus Okolo, Apostolic Nuncio. Combined Choirs of Knock Parish, the Tuttle Family and Dana will sing 'Our Lady of Knock.' Children are asked to write a prayer for their grandparent(s), all prayers brought / sent to Knock Shrine will be blessed on the day.  
*catholicgrandparentsassociation.org • Sts. Joachim and Anne, Parents of Mary, Grandparents of Jesus, pray for us*

**Holy Trinity College, Cookstown – Post 16 Sixth Form Enrolment Day:** Thursday 23<sup>rd</sup> August from 9.30am to 2.30pm. Offering a range of academic, vocational and enrichment activities. Visit holytrinitycollege.org to view the Post 16 Prospectus and to download an application form for further information. *All interested students welcome*

**Strule Arts Centre – Upcoming Events:** Register at [struleartscentre.co.uk](http://struleartscentre.co.uk) or call Kevin Goodwin on 07747 899 249  
**Irish Language Information Night:** Wednesday 5<sup>th</sup> September at 7.30pm  
**Sean-nós Dancing, Singing in Irish and Irish Classes:** Begins Wednesday 12<sup>th</sup> September. *For 3 levels*

**Cappagh / Badoney CCE – Cherish the Ladies Concert:** Friday 28<sup>th</sup> September in Mellon Country Hotel.  
*Tickets (£15) • For more info call Tom Blee on 07704 526 870*

**Icon Painting Workshop:** Monday 8<sup>th</sup> to Saturday 13<sup>th</sup> October in Knock.  
*For more information email [theodoreicons@gmail.com](mailto:theodoreicons@gmail.com)*

**Accord Marriage Preparation Courses:** Planning to get married in 2018 / 2019?  
 Book with Accord by visiting [accord-ni.co.uk](http://accord-ni.co.uk). Course dates available in 2018 are as follows:  
 7<sup>th</sup> and 8<sup>th</sup> September • 28<sup>th</sup> and 29<sup>th</sup> September • 5<sup>th</sup> and 6<sup>th</sup> October • 2<sup>nd</sup> and 3<sup>rd</sup> November • 7<sup>th</sup> and 8<sup>th</sup> December

**Thornhill Ministries – Upcoming Events:**  
*Booking essential • For more details call (028) 7135 1233 or email [thornhillministries@derrydiocese.org](mailto:thornhillministries@derrydiocese.org)*  
**'Immersed in Heaney':** Includes 'Essence of Heaney' workshop and visit to Homeplace, Bellaghy – 31<sup>st</sup> August / 1<sup>st</sup> September.  
**Holy Land Retreat:** 11<sup>th</sup> to 20<sup>th</sup> October.

**Rural Support:** We could help you with financial stress by  
 Providing free, confidential face-to-face support • Easing the burden of dealing with debt  
 Helping you identify a way forward • Supporting you to take action  
**Email:** [info@ruralsupport.org.uk](mailto:info@ruralsupport.org.uk) **Website:** [ruralsupport.org.uk](http://ruralsupport.org.uk)  
 To speak with someone in confidence call our helpline on 0845 606 7 606

**Owenkillew Credit Union – Closure:** Monday morning in Greencastle office for the month of August.  
 Normal hours for a Monday evening from 7.00pm to 9.00pm, Gortin Office Saturday evening from 6.30pm to 8.00pm.

**Accord Counselling Services:** Available to couples regardless of their faith or denomination.  
*If you would like to avail call (028) 8224 2439 or email [omagh@accordni.com](mailto:omagh@accordni.com)*

**Drink Wise, Age Well:** Are you over 50? Are you worried about your own or someone else's alcohol use?  
*For confidential information, advice and support call (028) 8283 9240*

**Quote from Pope Francis' Apostolic Exhortation Amoris Laetitia (The Joy of Love) – paragraph 232**

"The life of every family is marked by all kinds of crises, yet these are also part of its dramatic beauty. Couples should be helped to realise that surmounting a crisis need not weaken their relationship; instead, it can improve, settle and mature the wine of their union."

**World Meeting of Families 2018 Prayer**

God, our Father, we are brothers and sisters in Jesus your Son, one family, in the Spirit of your love. Bless us with the joy of love. Make us patient and kind, gentle and generous, welcoming to those in need. Help us to live your forgiveness and peace. Protect all families with your loving care, especially those for whom we now pray [PAUSE AND REMEMBER FAMILY MEMBERS AND OTHERS BY NAME].

Increase our faith, strengthen our hope, keep us safe in your love, make us always grateful for the gift of life that we share. This we ask, through Christ our Lord, Amen. Mary, mother and guide, pray for us.

Saint Joseph, father and protector, pray for us. Saints Joachim and Anne, pray for us.

Saints Louis and Zélie Martin, pray for us

**Pope Francis' Intention for August (please remember this in your personal prayers)**  
**Universal – The Treasure of Families:** That any far-reaching decisions of economists and politicians may protect the family as one of the treasures of humanity.

**Kindercare Fostering NI:** Could you help a child in need? Northern Ireland is currently experiencing a severe shortage of foster carers and particularly carers from the Catholic Community. We are a not-for-profit organisation which works to find safe, secure and loving homes for children and young people in need in Northern Ireland. If you are interested in finding out more:  
**Tel:** (028) 90941690 • **Email:** gillian.devlin@kindercare.co.uk • **Website:** kindercareni.co.uk

**Foyle Hospice – Become a Compassionate Neighbour:** Do you have 1-2 hours free once a week to support Foyle Hospice's Compassionate Communities 'Reach Out' voluntary befriending service. It might be as simple as calling in for a cup of tea and a chat, or taking someone out to do a bit of shopping. A volunteer's visit is invaluable to someone who is feeling lonely and isolated due to an illness. Full training and ongoing support with additional training opportunities are offered to all volunteers.  
*Call Tracy Gray, Volunteer Coordinator on 07841 101 932 or email tracy@compassionatecommunitiesnw.com*

**Support Foyle Hospice by hosting a Coffee / Tea Morning with friends, family, groups or work colleagues:**  
 All funds you raise will play a vital role in funding the essential care and support Foyle Hospice provide to people in our communities affected and living with terminal illness  
*For a free pack and more info call Michelle McGinn on (028) 7135 9888 or email michellemcginn@foylehospice.com*

**ACCORD – Relationship Counseling:** A service which facilitates couples and individuals to explore, reflect upon and resolve difficulties in their marriages and relationships in a confidential, sensitive, respectful and non-judgmental setting.  
*An appointment can be arranged by calling the Omagh Centre on (028) 8224 2439 or emailing omagh@accordni.com*

**String Instrument Music Lessons:** Every Thursday evening in Greencastle Hall  
 For kids to learn banjo, guitar and violin with qualified tutor Frank Nugent  
**Beginners:** 6.00pm to 6.45pm • **Advanced:** 6.45pm to 7.30pm • Call Sinead on 07788 266 387 to book a place

**Volunteer at White Oaks Acorn Organic Farm:** If you have an interest in organic growing and have a few hours to spare, why not spend them with us? Contact us using the details below.  
**Address:** IOSAS Centre and Celtic Prayer Garden, Lenamore Road, Derryvane, Muff, Co. Donegal  
**Tel:** (00353) (0) 74 9384866 • **Website:** celticprayergarden.com • **Facebook:** IOSASCentre • **Twitter:** IOSASCentre

**MARA (Maximising Access in Rural Areas):** Find out if you're missing out on benefits, services or grants by booking your FREE home visit. Referrals can be made for benefits checks, home safety visits, occupational therapy assessments as well as others. You'll also receive a FREE bag containing £25 worth of items to help keep you warm this winter.  
*Call Carol on (028) 8225 1559 to book*

**Interested in becoming a Counsellor with ACCORD Catholic Marriage Care Service?**  
*Applications are invited from individuals wishing to join for Certificate in Counselling (Marriage and Relationship) Validated by the Pontifical University at St. Patrick's College, Maynooth and aligned to the National Framework of Qualifications (NFQ) at Level 8, 20 ECTS. The training programme is delivered on a part-time basis, at weekends, over 1 academic year in Maynooth.*  
*For more information call the ACCORD Omagh Centre on (028) 8224 2439 or email omagh@accordni.com*

**Strule Arts Centre – Irish Cultural Activities Every Wednesday**  
**Sean-Nós and Set Dancing** 6.00pm to 7.00pm • **Singing in Irish** 7.00pm to 8.00pm  
**Irish Language Classes for Beginner, Improver and Advanced Levels** 8.00pm to 9.30pm  
**Email:** kevin.goodwin@fermanaghmagh.com • **Tel:** 07747 899 249

Parish Liturgy for August, 2018	St. Patrick's (6.00pm Vigil Mass)	St. Patrick's (9.00am Mass)	Our Lady of the Wayside (11.00am Mass)
<b>Readers</b>	Mary Slane	Orla Scullion	Martina McBride
<b>Eucharistic Ministry</b>	Frankie Bradley	Maria Bradley	Josephine Clarke
<b>Prayers of Intercession</b>	Eimear Bradley	Erin Hood	Grace Conneely
<b>Collectors</b>	Raymond Bradley Francis McLaughlin	Michael Clarke Patrick Tuohy	Brian Donnelly Brian Gillen
<b>Altar Society</b>	Mary Conway, Mary and Paula Meenan, Louise O'Brien, Alannah Coyle and Clodagh McKenna	Ann McDermott, Carmel McCrory, Lucy-Marie McCrory and Leanne Morris	

**Red Cross:** Can you spare 1 hour a week? Would you like to help the Red Cross care for people in your local community? We are looking for volunteers for our wheelchair service and volunteer drivers to help with deliveries and collections. No experience necessary. Full training provided and volunteer expenses reimbursed.  
*Call Julie White on (028) 7186 3764 / (078) 0302 4011*

**Family Care Adoption Services** *Presently seeking to recruit adoptive families for babies and young children*  
 For a free information contact **Tel:** (028) 7136 8592 / (028) 9069 1133 (Monday to Friday, 9.00am to 5.00pm)  
 us using any of these details **Email:** anne.ohagan@familycaresociety.org • **Website:** familycaresociety.co.uk

**ASPIRE Employability Programme – Free CSR Card and Forklift Licence Training**  
 To be eligible you must be unemployed or working less than 16 hours a week.  
**Omagh Office:** (028) 8224 6535 • **Enniskillen Office:** (028) 6632 6478 • **Facebook:** Aspire Employability Programme  
*The Aspire Employability Programme is part funded by the European Social Fund and Department for the Economy*

**Sacrament of Reconciliation / Confession:** The Sacrament of Reconciliation better known as Confession is very important and vital part of our lives as Catholics. The times for Confession will be as follows.  
**St. Patrick's:** Eve of First Friday from after 10.00am Mass until 11.00am when mass is celebrated with Adoration of the Blessed Sacrament during that time except when there is a funeral or no mass  
 First Saturday of each month from after mass until 11.00am with Adoration unless there is a 12noon wedding  
 Each Saturday Evening 5.30pm-5.45pm and after Vigil Mass on request after Mass  
**Our Lady of the Wayside:** Each Sunday 10.30am to 10.45am and after 11.00am Mass on request after Mass

**Join the Derry Youth Community (DYC) Adventure:** If you are between the ages of 18 and 25 and considering a Gap Year experience why not consider one with a difference? The DYC are a community of faith and service located in the heart of Derry City and serving the young people of the Diocese of Derry.  
*If faith is important in your life, and you are attracted to the ideal of service, you can find more information by visiting derryyouthcommunity.com or emailing dyc@derrydiocese.org*

**Dún Uladh Cultural Heritage Centre – Traditional Music and Singing Classes:**  
 Every Tuesday night. Why not learn an instrument or a song or two in 2018?  
*For details and booking call (028) 8224 2777 or visit dunuladh.ie*

**Derry Diocesan Pastoral Plan 2018-2021 – God is Love:** Bishop McKeown has announced the publication of a Diocesan Pastoral Plan for 2018-2021 in the diocese, 'God is Love'. The Plan is the result of a two-year programme of work by the Interim Diocesan Pastoral Council, consisting of 14 men and women - laity from across the diocese, Religious and clergy. It is a first step in developing a co-responsible Church at parish and diocesan level, identifying paths that might lead to solutions to the many challenges we face, including the practical need to plan for the times when priests will not be present in the way that they have been up to now. A number of printed copies of the Plan have been received for the parish and a PDF version of it is also available to view and download on the diocesan website – derrydiocese.org – you are invited to read it. The main work of implementing the Plan will begin after the summer break. Bishop McKeown asks for your prayers and support, in the knowledge that everything done in faith and love will bear fruit in God's own good time.

**Towards Peace:** A spiritual support service designed for those who have experienced sexual, physical, emotional or spiritual abuse by Catholic Church personnel in Ireland. Support is also available for family members of abuse survivors. The vision of Towards Peace is to provide a safe supportive space, where people who have been affected by abuse in a Church context can be accompanied as they seek their own experience of spiritual peace, one step at a time. Towards Peace provides spiritual support through one-to-one spiritual direction sessions, with a qualified spiritual companion. Up to 9 sessions are offered and they are free.

**Website:** towardspeace.ie • **Tel:** 01 505 3028 • **Email:** towardspeace@iecon.ie

**Guidelines on Use of Modern Technology when Working with Children – Use of Photography and Video:**

The use of photography and video is an issue of great concern among those working with children. The Diocese recognises that every parish has their own arrangements in relation to its use in schools, youth groups and for the sacraments however the guidelines have been devised below to aid parishes and diocesan groups:

- It is always good practice to seek *written* permission from a parent or guardian before taking any photographs or video footage of children. This written permission must be sought from the parent/guardian or the person who owns the photograph before it can be displayed on promotional materials or websites. This can be incorporated in the registration form when a child joins a group (template permission Resource 10);
- Neither names nor any personal information should be displayed alongside any photographs;
- Special consideration should be given where taking photographs or video footage might be misinterpreted, or the images could be seen as provocative (e.g. beach trip or gymnastics display etc.). It is not to say, however, that with the right planning, these events cannot be recorded and enjoyed.

Photography and video recording are important methods of recording social activity and providing an historic record – illustrating and validating important moments in people's lives. This process is a powerful and personal one, and therefore we must respect the rights of all to make the choice whether or not to be photographed.

*From Safeguarding Policy and Procedures, published on behalf of the **Diocesan Safeguarding Committee***

**Child Safeguarding:** If you or anyone you know has a concern or wishes to report an allegation directly to the statutory authorities, please contact the PSNI / local Health and Social Care Trust. If you are contacting the latter, ask to speak to the Duty Social Worker. Alternatively, if you have a child safeguarding concern in relation to any member of Church personnel and wish to report it to Church authorities, please contact one of the diocesan designated persons, who will in turn report your concern to the relevant statutory authorities.

*See poster at entrance*

**Seeing your life through the lens of the gospel – John 6:51-58:** John Byrne OSA ([jpbymeosa@gmail.com](mailto:jpbymeosa@gmail.com))

1. Jesus tells us that to have life we need more than physical nourishment. How have you been aware of deeper hungers? What has met that deeper longing in you?
2. Jesus tells us that it is not just something he gives us which will give us life, but himself in his life, death and resurrection. How has your faith in the person of Jesus fed you?
3. Jesus speaks about 'drawing life' from him. In day to day living what are the practices which support your faith and help you to draw life from Jesus?
4. The Eucharist is one of the ways in which we draw life from Jesus. Recall with gratitude how the Eucharist has been a source of nourishment and life for you.
5. Perhaps you can also think of human examples of people drawing life from one another. From whom have you drawn life? Who has been able to draw life from you?

**2017 PARISH STATISTICS**

Baptisms (26)	First Holy Communions / Reconciliations (14)	Confirmations (15)
10 Boys • 16 Girls	8 Boys • 6 Girls	7 Boys • 8 Girls
<b>Marriages (5)</b> 2 within parish • 3 outside parish	<b>Funerals (12)</b> 11 within parish • 1 outside parish	
<b>April:</b> Parishioners and pupils of Dean Maguirc College took part in Holy Thursday mass in RTE Studio in Dublin on Thursday 13 <sup>th</sup> April		
<b>December:</b> Weekly Adoration of the Blessed Sacrament began 13 <sup>th</sup> December in St Patrick's Church		

**This Week's Calendar of Feasts and Saints:**

**Sunday 19<sup>th</sup> August – St. John Eudes (priest) [1601-1680]** From Normandy France, he spent a fruitful twenty years with the French Oratory then left to improve the standards of the clergy through seminaries. He also founded the Sisters of Our Lady of Charity and Refuge. He was a powerful preacher and among the first to promote devotion to the Sacred Heart.

**Tuesday 21<sup>st</sup> August – St. Pius X (pope)** Cardinal Patriarch of Venice and then Pope from 1903, he encouraged pastoral liturgy and sacramental practice, especially of frequent communion, to which he admitted young children.

**Wednesday 22<sup>nd</sup> August – Queenship of the Blessed Virgin Mary** On the day of her Assumption, Mary our Mother was solemnly crowned by Christ and received by the whole court of Heaven as Queen. What Christ has done in Heaven and the Church has done on our behalf we should now do individually, that is, we should recognise Mary's Queenship, enthrone her in our homes, consecrate ourselves to her and, by this means, establish in our lives the reign of Mary Immaculate Queen of the Universe.

**Friday 24<sup>th</sup> August – St. Bartholomew (apostle)** His name, a patronymic, means "son of Tolomai" and scholars believe he is the same as Nathanael mentioned in John, who says he is from Cana and that Jesus called him an "Israelite...incapable of deceit." The Roman Martyrology says he preached in India and Greater Armenia, where he was flayed and beheaded by King Astyages. Tradition has the place as Abanopolis on the west coast of the Caspian Sea and that he also preached in Mesopotamia, Persia, and Egypt. The Gospel of Bartholomew is apocryphal and was condemned in the decree of Pseudo-Gelasius.

**Musings:**

*Pope Francis, homily at Mass in St. Peter's Square (Sunday 27<sup>th</sup> October, 2013)*

'I would like to ask you all a question today. But each of you keep it in your heart and take it home. You can regard it as a kind of 'homework'. Only you must answer. How are things when it comes to joy at home? Is there joy in your family?

'Dear families, you know very well that the true joy which we experience in the family is not superficial; it does not come from material objects, from the fact that everything seems to be going well ... True joy comes from a profound harmony between persons, something which we all feel in our hearts and which makes us experience the beauty of togetherness, of mutual support along life's journey. But the basis of this feeling of deep joy is the presence of God, the presence of God in the family and his love, which is welcoming, merciful, and respectful towards all. And above all, a love which is patient: patience is a virtue of God and he teaches us how to cultivate it in family life, how to be patient, and lovingly so, with each other. To be patient among ourselves. A patient love. God alone knows how to create harmony from differences. But if God's love is lacking, the family loses its harmony, self-centredness prevails and joy fades. But the family which experiences the joy of faith communicates it naturally. That family is the salt of the earth and the light of the world, it is the leaven of society as a whole.

'Dear families, always live in faith and simplicity, like the Holy Family of Nazareth! The joy and peace of the Lord be always with you!'

**The Deep End – On the Breadline:**

*Triona Doherty, Athlone, Co. Roscommon (trionad@gmail.com)*

In recent months the Society of St Vincent de Paul released some shocking figures regarding hunger in Ireland. One in three people who contact the charity are calling because they can't afford to buy food. It is estimated that one in eleven people in Ireland experience food poverty, which refers to the inability to afford food to make up a healthy diet.

'Food is an area of expenditure that families have discretion over on a day-to-day basis,' said SVP head of social justice, Dr. Tricia Keilthy. 'It is much easier to control the cost of food than the cost of rent, utilities or education. So food is typically what families cut back on when times are tough.'

Hunger is a sad fact of life for many in our country. More than ever we appreciate the value of having enough to eat. Over the past few Sundays we have heard Jesus speak a lot about bread and food. His followers experience physical hunger too; the feeding of the five thousand (the story precedes today's extract from John's Gospel) shows that Jesus takes care of the physical needs of his followers too. Their experience of hunger and being fed prepares them for his teaching on the bread of life.

When Jesus talks about himself as the 'bread come down from heaven', it is clear that it is himself he is offering – his very flesh. If we are followers of Jesus, we are also called to give ourselves in service of others. We have Jesus as our model and teacher, present with us and in us. What can we do to help those who hunger in our country and our world?